

Let's Protect Each Other and Ourselves

The City of Kellogg strongly advises everyone to do their part to protect our community from the novel coronavirus-COVID19. The State of Idaho, public health districts and CDC have provided *minimum* guidelines to reduce the spread of this virus. By practicing the following guidelines we can all do our part to reduce the potential of exposure.

- If you are feeling ill, isolate and contact a primary care provider.
- Wash hands regularly with soap and water for at least 20 seconds.
- Use hand sanitizer when unable to wash hands.
- Practice social distancing and avoid groups of more than 10 people.
- Clean and disinfect surfaces regularly, remember simple things like door handles and phones.
- Cover you cough with a tissue or use your elbow.

For additional questions or concerns call Panhandle Health District's hotline at: 877-415-5225

All of our daily lives have been affected by this health emergency. During these trying times we all need to remain resilient and do our part to help our community members in need. Support our local businesses that are providing much needed and appreciated services. Some of the most vulnerable may still need basic necessities. By pulling together as a community we can get through this and get back to a daily routine.

Please be aware the City of Kellogg is also taking community precautions. The City has updates on our Facebook page and city website. Until further notice access to city hall is limited, please call ahead for assistance at 208-786-9131 or email Bobbyjean.hilliard@kellogg.id.gov City parks and restrooms are closed until further notice. We are working to set up call in access for public meetings that may arise under our emergency declaration.

Let us all help each other to protect our community health, personal health and critical access health care system. Just a few weeks of distance can help us all significantly.

Additional Resources:

For a complete list of CDC Frequently Asked Questions, visit:

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

For up-to-date information on COVID-19 in Idaho, visit: www.coronavirus.idaho.gov

Panhandle Health District has information on COVID-19 and resources for the community, visit: www.panhandlehealthdistrict.org/covid-19/

World Health Organization: www.who.int